



PULSE YOUTH MINISTRIES
AT CHRIST'S AMERICAN BAPTIST CHURCH

FOR YOUTH GRADES 7-12

SUNDAYS

Worship – 8:30am

Pulse Sunday School – 10:15am

WEDNESDAYS

Family Dinner – 5:30pm

Games, Café & Prayer Room Open – 6:00-6:30pm

Pulse Youth Group – 6:30-8:00pm

WHAT TO EXPECT:

Each of our programs and events is carefully designed to bring the youth of CABC and the surrounding community to a relationship with Jesus and help them to live out that relationship in the world around them.

SUNDAYS:

We encourage the youth to participate in the 8:30am Worship service alongside their families. Then during the 2nd service at 10:15am we have a time of Bible study that is designed for those in 7-12 grades. Corporate worship and personal study are both incredibly important to the formation and growth of anyone's faith. With that in mind we encourage our youth to actively participate in both.

WEDNESDAYS:

During the busyness of a school week it is very important to refocus on what is important. Teens hear so many different things throughout the week and we want the Gospel to be one of the most heard. Our Wednesday youth group starts off with a meal in conjunction with the AWANA kid's programs and their families at 5:30pm. Everyone is welcome to join in this time of fellowship. Our youth group time starts with at 6:00pm with a group game and the Café & Prayer Room are open while the worship team practices. At 6:30pm we begin by sharing what God has done in our lives that week and giving over the things that we need to take to God during our prayer time. Our worship team leads us in praising God through song. Our music is upbeat and carefully chosen to help us focus on God and what He has done for us. Our night continues with a Bible centered message that gets at the heart of what Christ did for us and how that should affect the way we live for Him. If time permits we end with a small group time of discussion and reflection on that night's message. The entire night is a great way for our youth to worship and learn from scripture together so that we can all live out the lives God has called each of us to.

FUN EVENTS:

We try to have fun nights throughout the year with the purpose of getting the youth to know each other better and show that being a Christian can be fun as well. Fun events can be movie nights, corn mazes, snow tubing, amusement park trips, concerts, you name it!

Be on the lookout each month for info on our fun events.

SERVICE:

Periodically throughout the year we will have opportunities for the youth to give back by serving others. This will look different each time but as much as we have fun serving, it is incredibly important to give of our time and talents to be used by God for the benefit of others.

RETREATS:

Each year we have a specific Middle School & High School retreat to help the students get away and really focus on their walk with God. Each one has a different focus and program, but both are a great time of fun, connection with their peers and a challenge in their faith. More specific info for our 2018 retreats will come later in the year, but here are the dates:

Middle School Retreat to Winter Meltdown
at River Valley Ranch - Manchester, MD
February 2-4, 2018

Senior High Retreat TBD

The IMPACT retreat is no longer an option. We will be discussing different options with those in Sr. High in the coming months.

FUNDRAISERS:

We acknowledge that some of our events cost money and know that can be a hurdle for a youth being able to attend or not attend the event with us. With that in mind we do have fundraisers throughout the year to help each student build their own "student account" to help pay for any of the events we do. In the fall we sell Chick-fil-A Cow Calendars to support the youth and in the Spring is our big **Youth Dinner and Dessert Auction (TBD)**. If you ever have any questions regarding finances for a trip or other fundraiser questions, make sure to ask Pastor Josh or any of the Youth Leaders.

SUMMER:

Summer is a great opportunity to do some things that are not often possible during the schedule of a school year. Our goal is to provide events that will strengthen the youth's faith, allow them to invite friends to experience God's love, and have fun with Christian's their age. Summer 2017 saw a local mission trip serving in our own community, a Hershey Park trip, a VBS mission trip in Erie County, volunteering at CABC's Down Syndrome Camp and VBS, and even youth group cookouts. It was a great summer and plans are being started for an even better Summer of 2018.

STAY IN THE KNOW

To keep up-to-date on what is going on, subscribe to our text updates, join our Facebook group, and/or sign up for our monthly emails.

Text [@cabcpulsep](tel:81010) to 81010

Facebook: "The Pulse Parents" group

Email: Provide Pastor Josh with your email

WELCOME TO THE FAMILY

We do not want to be in a youth only bubble. If you every have any questions, do not hesitate to reach out to Pastor Josh or any of our Youth Leadership Team. We look forward to serving the youth God has entrusted into our care and are prayerfully seeking His help as we do it.

PULSE LEADERSHIP TEAM

Rick Barnes

Todd (CABC Elder) & Tammy Flickinger

Tony & Mel Gist

Paul & Whitney Rohrbaugh

YOUTH PASTOR:

Pastor Joshua Trojak

pulsecab@gmail.com

Cell: (717) 739-6016

Church: (717) 225-1876